

October 2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|--|--|--|---|---|
| 1 | 2 | 3 RED Bus Diamond Hill Clinic 10am | 4 RED Bus Stop Six Clinic 10am | 5 | 6 | 7 Carnaval de Salud Harambee Festival |
| 8 | 9 | 10 | 11 | 12 RED Bus Women's Main 10am | 13 Breast Cancer Awareness Health Fair 10am | 14 |
| 15 | 16 | 17 RED Bus Southeast Tarrant 10am | 18 | 19 | 20 | 21 JPS Healthy Cooking Class 12pm |
| 22 | 23 | 24 RED Bus South Campus 10am | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

EVENTS

Carnaval de Salud- Oct 7, 10am

The mission of Carnaval de Salud is to serve the Hispanic community by offering health education and activities. To foster wellness, awareness is raised about the diseases that impact the community the most.

Harambee Festival- Oct 7, 10am

Harambee Festival pulls the citizens of North Texas together for a fun filled day of food, fun, music, and health and cultural celebration of our shared history.

Breast Cancer Awareness Month

October is Breast Cancer Awareness Month, which is an annual campaign to increase awareness of the disease.