

# Having Your Baby at JPS

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Thank you for choosing JPS to have your baby! Our highly skilled, compassionate team members in our Women and Infants' Services department provide expertise in caring ranging from low-risk pregnancies to extremely complicated obstetrical cases. Our process supports mother and baby with a family-centered care approach.

***At JPS, we deliver more than 5,000 babies a year — approximately 20 percent of all deliveries in Tarrant County.***

- Our hospital's obstetrical program offers a wealth of amenities to help make childbirth a wonderful and positive experience, while giving families the confidence and security of knowing that the medical care they receive is among the best and most advanced in the area.
- We have 15 private labor and delivery room suites with space for your family members to be present for the birth experience. We are there to support all your needs during labor.
- We offer a range of options to support you during birth, including skilled nurses and doulas to provide additional support.
- Our operative delivery suites are also available if you need a cesarean birth (sometimes called a "C-Section").
- Anesthesia team members are here 24 hours a day to help meet your pain management needs.
- After giving birth, most mothers stay in our Mother-Baby Unit. This unit is staffed 24 hours a day to provide care and education for mothers and newborns. Moms who have special needs or babies who are in the NICU may be cared for in other areas of Women and Infants' Services, including an extended stay in Labor & Delivery or the antepartum care unit.
- To promote breastfeeding and bonding, JPS promotes family-centered care by keeping moms and babies together in the same room 24 hours a day. Newborn nurses in the Mother-Baby Unit will work with you to help you learn how to care for your newborn. JPS promotes exclusive breastfeeding.





## Before You Go Home

Newborn nurses at JPS are specially trained to care for your baby when they are born and immediately afterward, including the state-required immunizations as well as certain blood tests and a hearing screen. You will be given an immunization record for your baby for your records and to take with you to your baby's clinic appointments.

You will attend a discharge class before being discharged, too. In the class, nurses will review the education provided to you during your hospital stay. You will need a routine checkup and your baby will have a newborn appointment for pediatric care in the first few days. You will also have the opportunity to meet with a breastfeeding (lactation) consultant at a JPS clinic or at home.

Texas law requires that families have a car seat to take the baby home from the hospital. JPS offers a car seat information class where parents can learn how to keep babies and children safe while traveling in a vehicle.