



PRESS RELEASE

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Trash the Habit

JPS prepares to go tobacco-free

Nov. 19, 2014, Fort Worth — Employees and patients at John Peter Smith Hospital will be encouraged to “trash the habit” on November 20, the Great American Smokeout, trading in tobacco products for help to stop smoking and pledging to go tobacco free.

JPS employees will get a certificate that can be exchanged at the JPS Outpatient Pharmacy for free nicotine replacement products — nicotine gum or patches. JPS patients will be offered a stop-smoking program at JPS; those who attend the class will be given free nicotine replacement products.

JPS employees at all of the network’s locations (the hospital in Fort Worth and clinics throughout Tarrant County) will compete in a contest to collect cigarette butts and other smoking-related litter from their properties.

JPS has expanded stop-smoking support programs, and started providing nicotine replacement products to employees in October, as the network transitions to a tobacco-free environment. Starting Jan. 1, 2015, tobacco products and electronic cigarettes will be prohibited on all JPS properties.