

August 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 RED Bus Diamond Hill 10am	2 RED Bus Stop Six 10am	3	4 True Worth Clinic Women's Wellness Day 9am	5 AISD Back to School Resource Fair 8am	6
7	8	9	10 RED Bus Women's Main 10am	11	12 Binion Back to School Blast 9am	13
14	15 RED Bus Southeast Tarrant 10am	16	17	18	19 Healthy Lives Matter Alzheimer's Education Seminar 9am	20
21	22 RED Bus South Campus 10am	23	24	25	26	27
28	29	30	31 Senior Synergy Expo 8:30am			

Healthy Lives Matter Alzheimer's Education Seminar

Hosted by Commissioner Roy Charles Brooks, this annual seminar will provide insights into Alzheimer's disease progression and offer practical solutions for coping.

Senior Synergy Expo

One day event which focuses on services available in Tarrant County that will empower seniors, family members, and caregivers to live a healthier lifestyle.

National Breastfeeding Month

To bring additional attention to the benefits of breastfeeding and to support and encourage mothers in achieving their breastfeeding goals. National breastfeeding week is August 1-7, 2022.