Why Geriatrics?

Older Population by Age: 1900-2050 - Percent 60+, Percent 65+, and 85+

Source: U.S. Administration on Aging

Serving aging adults through innovative, compassionate care.
Why Geriatrics?

Tarrant County 65+ Population

Year 2010 - Year 2026

Tarrant 65+ Population

Linear (Tarrant 65+ Population)

Source: Texas State Data Center
Who are we?
Mission, Vision and Values

• **Vision:** To be the leader in providing accessible and comprehensive healthcare for aging adults and their families

• **Mission:** Serving aging adults through innovative, compassionate care

• **Core Values:**
  1. Innovation
  2. Compassion
  3. Trust
  4. Excellence
  5. Teamwork
  6. Respect
Long-Term Care Partnerships

• Partner facilities identified
  » DFW Nursing and Rehab
  » Sava – Downtown Health and Rehab
  » Sava- Arlington Heights
  » Sava – Interlochen
  » Kindred – Ridgmar
  » Kindred – Mansfield
  » Kindred – Grapevine

• Initial duration through September 2016
Where are we going?
GT-55 Program Support (Geriatric Trauma)

Average Length of Stay:
Pre and Post GT-55 Program Implementation

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Average Length of Stay</td>
<td>6.0</td>
<td>4.8</td>
</tr>
</tbody>
</table>

Serving aging adults through innovative, compassionate care.
Geriatric Emergency Department

- Specialized training
- Improved environment of care
- Interdisciplinary teamwork
The Hospital Elder Life Program (HELP) is a comprehensive patient-care program that provides optimal care for older persons in the hospital.

- The primary goals of the program (Inouye, 2000) are:
  - Maintaining cognitive and physical functioning of high risk older adults throughout hospitalization
  - Maximizing independence at discharge
  - Assisting with the transition from hospital to home
  - Preventing unplanned hospital readmissions
HELP Program Goals

• Maintain physical and cognitive functioning throughout hospitalization (through daily interventions)

• Maximize independence at discharge

• Assist with the appropriate transition from hospital to home or step-down setting

• Improve geriatric skills of staff throughout the general medicine units

©1999, Hospital Elder Life Program, LLC
Why HELP?

• Very consistent with quality initiatives to reduce adverse effects of drugs, reduce drug errors, reduce falls, etc.
• Responsive to patient and family needs for more consistent patient support (often for non-clinical tasks)
• Best management of patient care in our elderly medical admissions may reduce LOS and create capacity for other cases, while reducing costs
HELP at JPS

• Interdisciplinary team comprised of Volunteer Services, Dietary, PT / OT, Nursing, Sound Physicians, Communications, Patient and Family Centered Care, Geriatric Service Line

• Pilot on Tower 6; Orthopedics & Stroke Recovery

Serving aging adults through innovative, compassionate care.
Summary

• Is an organized, focused intervention with proven results
  » It reduces the incidence of delirium in hospitalized older adults
  » It maximizes independence at discharge
  » It improves the geriatric skills of hospital staff

*Given the demographics of our population, the special needs and risk factors of older adults, and the priorities of our hospital, this program is timely and appropriate!*
Group Charge

- Patient Advisory Council Members
- HELP Volunteers
- Sharing our great work!
Thank You!

Julie Idoine-Fries
Geriatric Service Line Administrator
Jidoine@jpshealth.org