

# Frequently Asked Questions

#### What type of assistance can I receive through CPAN?

CPAN offers referrals that are verified. We try to eliminate the possibility of providing a referral that does not help the family. i.e. long waitlist, clinics not accepting new patients, etc. CPAN will assist you in developing a behavioral plan based on information you provide to our behavioral specialist team members. CPAN will provide psychiatric educational consultation to a PCP team member within 30 minutes of your call. This CPAN Child Psychiatrist will assist the PCP is a broad array of questions: what is the diagnosis, how the PCP can assess for a psychiatric concern, which treatments may be indicated, how to manage a psychiatric condition using evidence informed care in a PCP office, how to manage psychotropic medications, when is the right time to refer to a child psychiatrist.

## How long will it take to get a referral back?

A referral specialist will provide a referral within 24 hours. The referral will be provided directly to the physician or a preferred contact provided by the physician

## What if the resources I received did not help the family?

Please call back your CPAN hub and inform them that further resources are required.

## How long should I expect to wait for the child psychiatrist to contact me?

The time frame is within 30 minutes. If you have a longer wait time than 30 minutes, please contact your hub again and notify them.

# I missed the call back from the psychiatrist, now what?

The psychiatrist will make 3 call attempts. They will also leave a message or speak to designated personnel (Physician Assistant, Charge Nurse, etc.) assigned by you if you cannot be reached.

#### What if I am transferred to the wrong hub?

To ensure that you are helped in a timely manner, the hub you are in contact with will help. After the call, the hub will provide the dial in number to your local hub.

#### Does CPAN ever talk to the patient/family directly?

No, CPAN only speaks to the physicians or designated personnel assigned by the physicians.

# What patient information am I expected to provide when I call?

We have provided a Mental Status Exam (MSE) within the Welcome Packet as well as a Mental Health Checklist. They both provide a general guideline of what to look for when speaking with a patient regarding behavioral health concerns.



